

TR FOUNDATION SHORT PROFILE

2026

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1 NO
POVERTY



2 ZERO
HUNGER



3 GOOD HEALTH
AND WELL-BEING



4 QUALITY
EDUCATION



5 GENDER
EQUALITY



6 CLEAN WATER
AND SANITATION



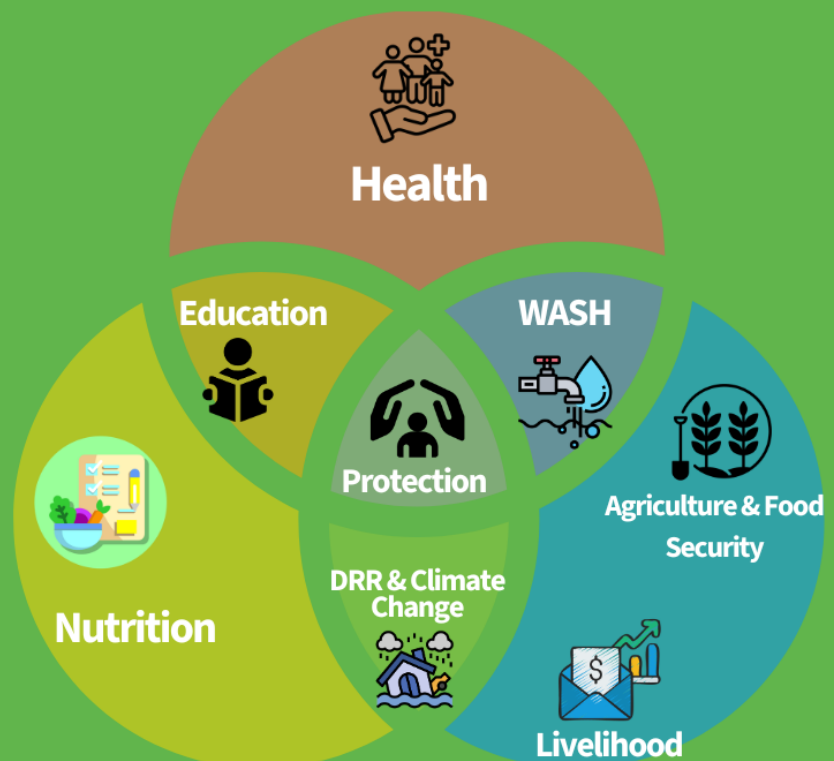
13 CLIMATE
ACTION



8 DECENT WORK AND
ECONOMIC GROWTH



17 PARTNERSHIPS
FOR THE GOALS



ABOUT TR FOUNDATION

Thrive for Resilience (TR Foundation) is a non-profit, humanitarian and development organization committed to improving the quality of life of vulnerable communities through integrated, sustainable, and inclusive interventions. The organization focuses on strengthening community resilience by addressing critical challenges in health, nutrition, WASH, education, and climate change. As a development-oriented NGO, TR Foundation works to deliver community-based solutions that promote well-being, reduce vulnerabilities, and enhance adaptive capacities in underserved populations.

VISION A resilient, healthy, and empowered society where all individuals have equitable access to essential services and opportunities for sustainable development.

MISSION To improve the quality of life by redefining inclusive health and nutrition interventions and building community resilience through sustainable, innovative, and evidence-based solutions.

COMMITMENT TO IMPACT TR Foundation is dedicated to delivering measurable, sustainable impact by:

- Improving health and nutrition outcomes
- Enhancing community resilience
- Promoting long-term behavioral change
- Supporting sustainable development goals (SDGs)



SECP – Corporate Unique Identification No. 0329866

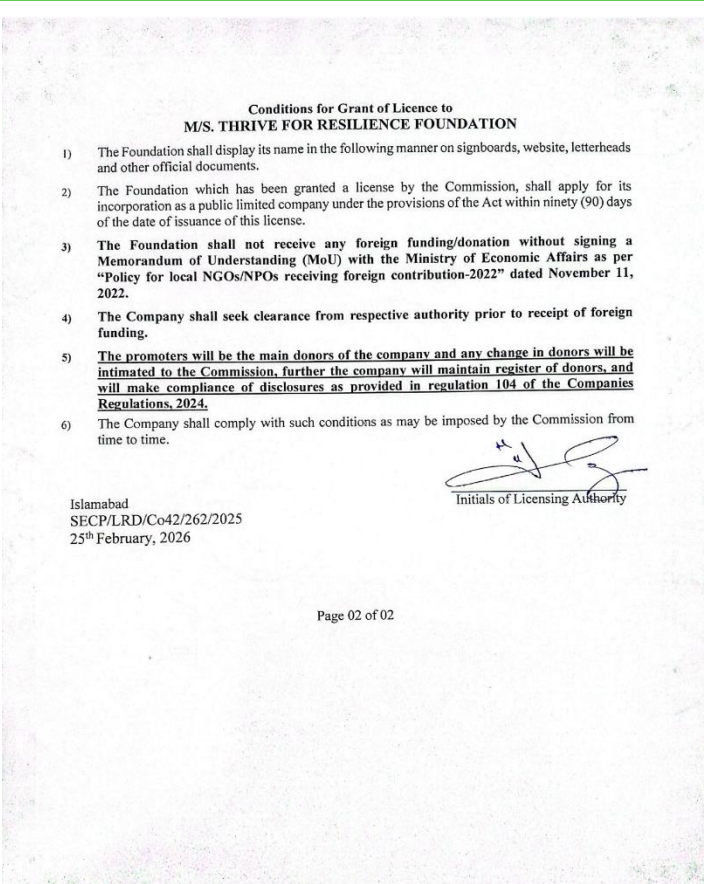
 www.TR-Foundation.org

 Head Office: Islamabad, Sub office: Peshawar, Pakistan



Legal Registration Status

THRIVE FOR RESILIENCE (TR FOUNDATION) IS A LEGALLY REGISTERED NON-PROFIT ORGANIZATION (NPO) IN PAKISTAN, INCORPORATED WITH THE SECURITIES AND EXCHANGE COMMISSION OF PAKISTAN (SECP), SECTION 42 UNDER THE COMPANIES ACT, 2017. THE ORGANIZATION WAS OFFICIALLY REGISTERED ON 25 FEBRUARY 2026, WITH CORPORATE UNIQUE IDENTIFICATION NUMBER (CUIN): 0329866.





KEY THEMATIC AREAS OF INTERVENTION

THRIVE FOR RESILIENCE (TR FOUNDATION) IMPLEMENTS INTEGRATED, MULTI-SECTORAL PROGRAMS TO IMPROVE THE WELL-BEING OF VULNERABLE COMMUNITIES, WITH A STRONG FOCUS ON RESILIENCE, SUSTAINABILITY, AND EQUITY. TR FOUNDATION ADOPTS A HOLISTIC, COMMUNITY-DRIVEN APPROACH, ENSURING ALL SECTORS ARE INTERCONNECTED TO DELIVER SUSTAINABLE IMPACT AND STRENGTHEN RESILIENCE. THE ORGANIZATION WORKS ACROSS THE FOLLOWING CORE SECTORS:



1

HEALTH

- Maternal, newborn, and child health (MNCH) services
- Primary healthcare support and outreach camps
- Immunization awareness and support
- Health education and behavior change communication
- Strengthening referral systems and facility linkages
- One Health initiatives

2

NUTRITION

- Infant and Young Child Feeding (IYCF) promotion
- Early Childhood Development (ECD) support
- Community-based screening (MUAC) for malnutrition
- Referral and follow-up of SAM/MAM cases
- Maternal and adolescent nutrition counseling and supplementation

3

DRR & CLIMATE CHANGE

- Community-based disaster risk assessments
- Disaster preparedness and response planning
- Climate change awareness and adaptation strategies
- Early warning systems and community training
- Emergency response and resilience-building activities

4

FOOD SECURITY & LIVELIHOOD

- Livelihood support (cash grants, small businesses)
- Climate smart solutions to farmers
- Skills development and vocational training
- Kitchen gardening and agriculture support
- Food assistance in emergencies
- Market linkages and income generation support

5

WASH

- Hygiene promotion and awareness sessions
- Safe drinking water interventions
- Construction/rehabilitation of sanitation facilities
- Community-led total sanitation (CLTS) approaches
- Distribution of hygiene kits during emergencies

6

EDUCATION

- School enrollment and retention campaigns
- School meal programs to improve nutrition, & learning outcomes
- Support to non-formal education initiatives
- School-based awareness sessions
- Teacher/community engagement
- Provision of learning materials

7

PROTECTION & MIGRATION

- Child protection and safeguarding awareness
- Gender-based violence (GBV) awareness and referral
- Trafficking in Persons (TIP) prevention and awareness
- Identification and referral of trafficking survivors
- Awareness on risks of irregular/illegal migration
- Community sensitization on safe migration pathways

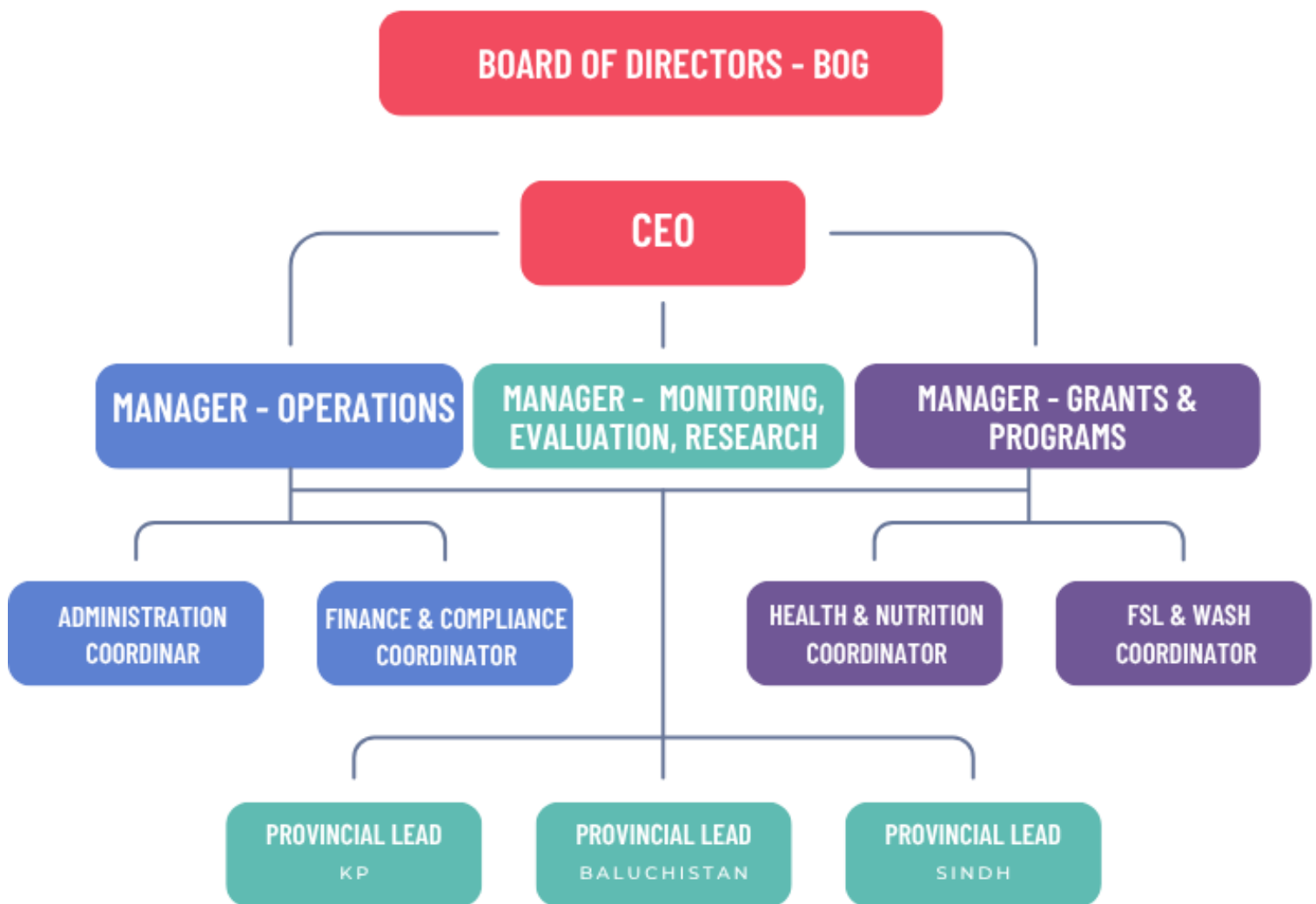
8

EVIDENCE GENERATION

- Operational and implementation research
- Organizational Core Humanitarian Standards - CHS Audits
- organizational Gender Assessment
- Standardized nutrition surveys, including:
 - SMART Nutrition Surveys
 - SQUEAC (Semi-Quantitative Evaluation of Access and Coverage)
 - KAP (Knowledge, Attitudes, and Practices) surveys
 - IYCF (Infant and Young Child Feeding) indicators assessments
- Multi-sectoral assessments (health, nutrition, WASH, food security, etc.)
- Knowledge management and learning dissemination
- Evidence-based advocacy and policy support



TR FOUNDATION - ORGANIZATIONAL CHART



Contact us for more details: Contact@TR-Foundation.org, www.tr-foundation.org, +92 333-9109033